Northern Virginia Regional Partnership Planning Project Psychiatric Hospitals Committee June 11, 2003

In Attendance:

George Barker, Health Systems Agency of No. VA Roger Birabin, Loudoun CSB Sandy Burns, Potomac Hospital Colleen Cohen, Inova Lynn DeLacy, NVMHI Mark Diorio, NVTC

Carol Gavin, Loudoun Hospital Center Tom Geib, Prince William CSB Amanda Goza, NVMHI

Kitty Harold, Virginia Hospital Center

Cynthia Kemp, Arlington CSB

Patricia J. Mook, Loudoun Hospital Center John Morrow, Fairfax-Falls Church CSB

L. Jean Reynolds, NVCH

Jim Thur, Fairfax-Falls Church CSB Leslie Weisman, Arlington CSB

Introductions and Welcome

Introductions were made and the new members were welcomed. Jim Thur noted that this would be John Morrow's last meeting, as he is retiring on June 13 after twenty-four years of service. The group thanked John for his terrific support and wished him well in his new position with SAMHSA.

1. Approval of Notes from May 21, 2003 Meeting

The notes from the May 21, 2003 meeting were reviewed and no changes were recommended

2. Update on Partnership Project Activities

Mr. Thur reported that the other groups working around the state have different focuses, but indicated that he saw nothing that bears replicating in our area, due to differing needs.

Mark Diorio discussed the possibility of developing of a model for training doctors and medical students regarding psychiatric issues.

3. Comments on Revised Vision, Principles and Objectives

Mr. Thur distributed copies of the latest draft of the Vision, Guiding Principles and Objectives. The October 1, 2002 edition of the "Proposed Guiding Principles Regarding the Provision of Inpatient Psychiatric Services in Northern Virginia" was reviewed to ensure that all items listed where included in the Vision and Guiding Principles document. Mr. Thur indicated that further comments will be accepted, and it is hoped that the region will adopt this document.

4. Review of Bed Capacity Survey Results

Mr. Morrow thanked those who submitted data for this survey. Mr. Thur noted that the data will be published in the report, and solicited feedback on the way data is listed. Mr. Morrow reported that the Fairfax County Department of Family Services has a decision tree for helping to determine if a client might be eligible for Medicaid. Mr. Thur suggested and the group agreed to conduct this survey again in the fall, using that decision tree to collect data on Medicaid eligibility. For the interim report, the Medicaid numbers will not be listed.

5. Update on Use of Level of Inpatient Treatment Matrix by Private Hospitals

Amanda Goza distributed the data compiled from information submitted by the private hospitals as well as the Institute. There was some discussion as to if the data was truly reflective of the client populations, as it was a "snapshot" of one day's census. Jean Reynolds indicated that for Northern Virginia Community Hospital and Dominion Hospital the numbers are reflective of the client population that they get, but not of their target population. It was requested that transfer rate data to the Institute be included for each facility, and Ms. Weisman agreed to get that data for the last fiscal year. Ms. Goza reported that the formulation of a decision tree was suggested. The group agreed that another survey should be done in the fall. Mr. Thur thanked Ms. Goza and all those who submitted data for this report.

6. Identification of Opportunities for Greater Collaboration

- Aftercare/discharge services. Ms. Gavin indicated that the hospital would have an interest in becoming a regional provider of geropsychiatric services, but that discharge issues would be problematic. This is an issue that calls for further discussion, with emergency staff as well as geriatric services staff. Mr. Thur proposed that a special meeting be held on this topic, possibly in the fall. Ms. Weisman suggested that the monthly aftercare coordinators meeting might be a good place to hold this discussion.
- Patients under arrest but not NGRI who want placement in a private hospital.
- <u>Treatment needs for dually diagnosed (MH/SA)</u>. The possibility of redesigning services for intensive detoxification for MH/SA clients.
- Clients in Detox who need medical treatment.

7. Future Meeting Schedule

Next Meeting:

July 21, 2003, 1:00 p.m. – 3:00 p.m.

Fairfax County Government Center, Rooms 9 and 10

Topics: Aftercare, review of draft report

8. Other

Mr. Barker asked about the issues that had been raised earlier in this group regarding the procedure for requesting an authorized representatives in situations in which an individual who has been hospitalized refused recommended medications and concerns about ethical issues and liability expressed on behalf of the psychiatrists at the private hospitals. The

group referred discussion of this issue to a group of psychiatrists comprised of Dr. Hand, Medical Director of F-FC CSB, Dr. Del Rio, Medical Director at NVMHI, and representatives of the psychiatrists from the private hospitals. Mr. Thur indicated that a meeting has occurred and Drs. Hand and Del Rio will pursue the issue further.

Ms. Cohen asked when the discussion of concrete steps of "who does what" will be revisited. Mr. Thur indicated that a work plan will be presented on July 21 and the matter can be scheduled at that time.

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